

Checklist for The Great Kindness Challenge Now Available

Kids for Peace Offers 50 Suggested Acts of Kindness

San Diego, Calif. (July 15, 2009) – Kids for Peace announced today the release of The Great Kindness Challenge Checklist, in preparation for The Great Kindness Challenge on Saturday, August 8th, 2009. Available for download at www.greatkindnesschallenge.org, the Checklist includes 50 suggestions for children to accomplish on the day of the Challenge. These include:

- Compliment 5 people
- Make sack lunches for the homeless
- Donate a toy or item of clothing
- Hold the door open for someone
- Pick up trash in your neighborhood
- Read a book to a younger child
- Send a card to a military friend

An international, nonprofit organization dedicated to uplifting our world through love and action, Kids for Peace is aiming for a million participants in The Great Kindness Challenge this year.

Children and parents can learn more about The Great Kindness Challenge by visiting www.greatkindnesschallenge.org. From the website, participants can download The Great Kindness Challenge Checklist and, at the end of the big day, download a Certificate of Accomplishment. The Great Kindness Challenge is also included as a volunteer opportunity on the United We Serve website (www.serve.org) founded by President Obama.

Through cross-cultural experiences and hands-on arts, service and environmental projects, Kids for Peace strives to cultivate every child's innate ability to foster peace. Based in San Diego, Calif., Kids for Peace has over 50 registered chapters across the world.

To learn more about Kids for Peace, including how to donate or start your own chapter, visit www.kidsforpeaceusa.org.

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